YN SAFETY AND HEALTH
CONSULTANCY SERVICES

Basic Aquatic Rescue (1 day)

INTRODUCTION

An aquatic rescue course is designed to provide individuals with the knowledge and skills needed to rescue individuals in aquatic environments. The course typically covers topics such as water safety, rescue techniques, and emergency response procedures.

HRDF SBL-KHAS
Claimable

OBJECTIVE

Participants will be benefit by being able to:

- Increase awareness of water safety and the hazards present in aquatic environments.
- Practice rescue techniques and emergency response procedures that can be used to save lives in aquatic emergencies.
- Develop proficiency in the use of rescue equipment and tools.
- Provide practical opportunities to apply the skills and knowledge learned in the course through scenario-based training.



COURSE CONTENTS

Introduction	➢ Introduction of Basic Aquatic Rescue ➢ Introduction of Pool Admission and Rules
Basic CPR & AED	➢ Introduction Of communication skill ➢ - Basic First aid ➢ - Basic CPR and AED
Introduction of equipment	➢ - Basic of Floating Device ➢ - Introduction of Rescue Equipment ➢ - Hands on Practical on Emergency Procedure
Hands on practical session	➢ Basic Water Confident (Water) ➢ Hands On Practical Emergency Procedure (Water) ➢ Hands on Practical Floating Device (Water) ➢ Hands on Practical Basic Aquatic Rescue (Water)
Practical (role play)	➢ Mock Drill Session ➢ - Emergency Survey
Assessment	➢ Group Assessment

TARGET GROUP

Lifeguards, Emergency Response team, safety personal, hotel facility team
*** Maximum 24 pax per group**

METHODOLOGY

Theory Presentation

Mock drill (Role play)

Hands on Practical

FOR MORE DETAIL, PLEASE CONTACT

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Other Safety and Health Consultancy Services are provided. Please contact to get more details.