YN SAFETY AND HEALTH
CONSULTANCY SERVICES (M) SDN BHD
优 能 安 全 培 训 机 构

Safe Handling Forklift Training For Beginner (2 days)

INTRODUCTION

Forklifts are a critical piece of equipment in many workplaces, and their operation requires specific skills and knowledge to ensure safety for both operators and others in the workplace. This training course is designed to provide learners with the necessary skills and knowledge to operate a forklift safely and efficiently.

HRDF SBL-KHAS
Claimable

OBJECTIVE

Participants will be benefit by being able to:

- Identify the different types of forklifts, their components, and their uses in various workplaces.
- Recognize the various hazards associated with forklift operation and know how to mitigate them.
- Perform pre-operational inspections and identify any potential hazards or malfunctions that could impact safe operation.
- Follow safe driving practices
- Maintain and service forklift equipment to ensure its safe and efficient operation.



COURSE CONTENTS

Introduction & Legal Requirements	➢ Introduction to forklift safety ➢ MHE driver's responsibilities ➢ L.O.A.D.S and safety rules
Forklift Fundamentals	➢ Types of forklifts and applications ➢ Main components and functions ➢ Load capacity and stability principles
Handling & operation	➢ Load handling techniques ➢ Hazardous and fragile cargo handling ➢ Steering, braking and parking procedures ➢ Forklift accidents and prevention
Inspection & Maintenance	➢ Pre-operation inspection ➢ Post-operation inspection ➢ Basic maintenance and troubleshooting
Battery Charging & PPE	➢ Battery charging and associated hazards ➢ Control measures and safe practices ➢ PPE requirements for forklift operators
Theory and Practical Exam	➢ Practical assessment ➢ Theory assessment

ABOUT SPEAKER

Trainer:
MOHD LUTFI BIN NADZAR (HRD Corp Registered Trainer / Forklift Safety Trainer)

Education

Master in Business Administration (MBA), University Teknologi MARA (UiTM)
Chartered Institute of Transport (CIT), UK (Equivalent to Bachelor's Degree), UiTM

Qualification

- HRD Corp Registered Trainer & Certified Forklift Safety Trainer (NIOSH)
- Chartered Member, Chartered Institue of Logistics and Transport (CILT), Malaysia
- Training The Trainer (TTT), HRDF Malaysia Institute of Management
- Over 20 years of experience in education, lecturing in transport, logistics, and business management
- More than 8 years of experience as a Forklift Safety Trainer, with extensive experience training thousands of trainees in forklift operation and safety practices

CERTIFICATION

Certificate of Achievement + Certified Card

TARGET GROUP

- Forklift Operator (Newcomer)

*** Maximum 15 pax per group**

METHODOLOGY

Theory Presentation

Group discussion

Theory and practical assessment

FOR MORE DETAIL, PLEASE CONTACT

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Other Safety and Health Consultancy Services are provided. Please contact to get more details.